

Nari Shiksha Niketan P.G. College organized a National Webinar from 4th June to 8th June, 2020 on "LIVING WITH COVID-19: HOLISTIC SUSTAINABLE SOLUTIONS". In this regard, a series of lectures were conducted pertaining to various different fields. Notable Speakers for technical sessions, were Prof. Ashok Kumar, Former VC of Kanpur and Gorakhpur Universities, Prof. Madhu Kumar, Ex Emeritus Prof., University of Rajasthan, Dr. Anjali Gupta, Senior Clinical Psychologist, Noor Manzil, Lucknow, Prof. A.K. Sengupta, former Pro VC and Head, Department of Economics, Lucknow University, Prof. Alok Dhawan, Director IITR, Lucknow, Dr. Gaurav Rao, Associate professor, Department of Education, Rohilkhand University Prof. Animesh Jain, Kasturba Medical College, Mangalore . They shared their precious insights and experiences on Immunity, lifestyle, economy, education and research to find holistic solutions for the society during and post this pandemic.

This webinar became successful because of the continuous active participation and wonderful presentations by the participants on the 7th June. 580 scholars participated and 38 presentations were presented all over the India. The best presenters were Dr. Deepak Chaswal, Assistant Professor, Puducherry, first prize, Dr. Gargee Yadav, associate professor, Kanpur and Dr. Pradeep Kumar Chashwal, Assistant professor, Delhi, second prize. Mr. A.S. Mandpe, SRF, CSIR, third and Ms. Rashmi Tewari, Teacher, Mumbai, consolation prize.



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Nari Shiksha Niketan P.G. College Lucknow

National Webinar

Living With COVID-19: Holistic Sustainable Solutions

4th – 8th June 2020

Last date for the submission of e-poster/abstract(250 words)

2nd June 2020 on Email: webinarlko@gmail.com

Ashok Kumar- 9911898336 (Presentation time 5 min.)

Free Registration:

https://docs.google.com/forms/d/e/1FAIpQLSe0vXm9p7U-1c9ackLwUR7ZYP_dMDVzx9tIMvMCsFpXftszhw/viewform

ZOOM id and password will be shared one hour before the webinar through email.

E-Certificates will be provided within 7 days to all participants who mark their attendance and submit the feedback form.

Organizing Committee

Dr Sunita Singh, Dr Seema Singh, Dr Ruchi Saxena, Dr Ashok Kumar

Patron: Dr Anil Agarwal

Convener: Dr Vandana Upreti

Our Speakers



Prof. Animesh Jain
Kasturba Medical College,
Mangalore

Educational research and opportunity

8th June 2020. 11.00 am



Prof. Alok Dhawan
Director
IITR
Lucknow

Sustainable R and D Solutions

6th June 2020 , 11.00 am



Dr Gaurav Rao
Department of Education
Rohilkhand University
Bareilly

E-Content and its Development

6th June 2020, 12.00 noon



Prof. Ashok Kumar
Vice Chancellor
S K Vedic University, Rajasthan
Former VC Kanpur and Gorakhpur
Universities.

Immunity against COVID-19

4th June 2020, 11.00 am

Prof. Madhu Kumar
Ex Emeritus Professor
University of Rajasthan



Immunity dysfunction and COVID19

4th June 2020 ,12.00 noon

Dr Anjali Gupta
Senior Clinical
Psychologist
Lucknow



Stress Management.

5th June 2020, 11.00 am

Prof. A K Sengupta
(Former) P VC and Head,
Department of Economics,
Lucknow University.



Opportunities for India

5th June 2020 12 .00 noon

About the webinar

On March 11, 2020 WHO officially declared COVID-19 as a global pandemic, as millions of people are fighting for their lives. The entire government machinery with its health care workers, the research and development laboratories are working tirelessly to prevent infections and save lives. But unfortunately, we still do not have a cure or a vaccine. The global lockdowns cannot continue indefinitely, as we are already in a state of economic slowdown with almost zero industrial production. The education sector being the backbone of our society, too is struggling to impart quality education. The natural outcome of this global pandemic is a stressful individual. We, as a society have realized, that now we have to live with COVID-19 and must plan a future strategy for ourselves. Therefore, a webinar consisting of a series of lectures on immunity, lifestyle, economy, education and research is being organized to find holistic sustainable solutions for a fully functional society.

Sub themes

- Boosting Immunity through nutrition
- Lockdown Stress and its management
- Paradigm shift in Education
- Economic opportunities for India
- Sustainable green research methodologies
- Socio-economic problems of migrant laborers
- Problems and solutions of corona warriors,
- Conservation of nature's ecosystem